

# Chicken Fried EZ

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**Counts:** 32 **Walls:** 4 **Level:** Beginner (Level 2/5)  
**Choreographer:** Tom Inge Soenju (NOR), April 2024  
**Music:** "Chicken Fried (Real Hypha Remix)" by Zac Brown Band, Real Hypha. **Track:** 3:03 min, 110 bpm  
**Availability:** Available on Youtube or free download of the track here:  
<https://soundcloud.com/realhypha/chicken-fried-zac-brown-band-real-hypha-remix>

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**Note:** If you have problems getting hold of the track please contact me. Thanks to Grethe for step suggestions.  
**Intro:** 8 counts.  
**Sequence:** Repeating sequence.  
**Tag/Restart:** No tags or restarts.  
**End:** Dance as normal until music ends.

**SECTION 1: SWAY L/R, CHASSE, SWAY R/L, CHASSE**  
1-2 Rock (sway) LF to L side, Rock (sway) RF too R side  
3&4 Step LF to L side, Step RF beside LF, Step LF to L side  
5-6 Rock (sway) RF to R side, Rock (sway) LF to L side  
7&8 Step RF to R side, Step LF beside RF, Step RF to R side

**SECTION 2: L CROSS-SIDE, SAILOR STEP, R CROSS-SIDE, SAILOR STEP**  
1-2 Cross LF over RF, Step RF to R side  
3&4 Step LF behind RF, Step RF to R side, Step LF to L side  
5-6 Cross RF over LF, Step LF to L side  
7&8 Step RF behind LF, Step LF to L side, Step RF to R side

**SECTION 3: POINT ACROSS, B POINT, CROSS-POINT, POINT ACROSS, B POINT, CROSS-POINT**  
1-2 Point LF across RF, Point LF diagonally back L  
3-4 Cross LF over RF, Point RF to R side  
5-6 Point RF across LF, Point RF diagonally back R  
7-8 Cross RF over LF, Point LF to L side

**SECTION 4: ROCK-RECOVER, ½ L SHUFFLE TURN, ½ L B SHUFFLE TURN, ROCK-RECOVER, ¼ R TURN**  
1-2 Rock LF fwd, Transfer weight onto RF  
3&4 ¼ L turn stepping LF to L side, Step RF beside LF, ¼ L turn stepping LF fwd [06:00]  
5&6 ¼ L turn stepping RF to R side, Step LF beside RF, ¼ L turn stepping RF back [12:00]  
7-8 Rock LF back, Transfer weight onto RF and ¼ R turn [03:00]  
(Easier options: Change count 3&4 and 5&6 to two back shuffles. First with LF then with RF)

**Start again and enjoy! Happy Dancing!**

**Contact:** If anything is unclear or if you would like additional information, please contact me:  
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