

Det Vakreste (The Loveliest)

Counts: 32 **Walls:** 4 **Level:** Improver
Choreographer: Tom Inge Soenju (NOR), Oct 13, 2023.
Music: "Det Vakreste Som Fins" by LOKE, Thomas Gregersen & Alexander Rybak. **Track:** 3:44, 86 bpm

Note:

Intro: 16 counts.

Sequence: Repeating sequence.

Tag/Restart: Same 4C tag after wall 3, 4, 7, and 9. Restart after 16 counts in wall 6.

End: You finish with the tag after wall 9 [12:00], pose.

SECTION 1: L FWD SHUFFLE, STEP ½ L PIVOT, ¼ L TURN CHASSE, BEHIND, SIDE

1&2 Step LF fwd, Step RF next to LF, Step LF fwd

3-4 Step RF fwd, ½ L turn (weight on LF) [06:00]

5&6 ¼ L turn stepping RF to R side, Step LF beside RF, Step RF to R side [03:00]

7-8 Step LF behind RF, Step RF to R side

SECTION 2: L SAILOR IN FRONT, CROSS SHUFFLE, ¾ R BOX TURN

1&2 Cross LF over RF, Rock ball of RF to R side, Step LF to L side

3&4 Cross RF over LF, Step LF next to RF, Cross RF over LF

5-6 1/8 R turn stepping LF back [04:30], ¼ R turn stepping RF fwd [07:30]

7-8 ¼ R turn stepping LF back [10:30], 1/8 R turn stepping RF to R side [12:00]

(RESTART HERE IN WALL 6)

SECTION 3: L CROSS SHUFFLE, SWAY x2, BEHIND-SIDE-CROSS, SWAY x2

1&2 Cross LF over RF, Step RF next to LF, Cross LF over RF

3-4 Rock (sway) RF to R side, Transfer weight back to LF (sway)

5&6 Step RF behind LF, Step LF beside RF, Cross RF over LF

7-8 Rock (sway) LF to L side, Transfer weight back to RF (sway)

SECTION 4: L SAILOR STEP, ¼ R SAILOR TURN, HITCH, BACK-HEEL DRAG, COASTER STEP

1&2 Step LF behind RF, Step RF to R side, Step LF to L side

3&4 ¼ R turn stepping RF back, Step LF to L side, Step RF slightly fwd [03:00]

5-6 Hitch L knee, Step LF long back and drag R heel towards LF

7&8 Step RF back, Step LF beside RF, Step RF fwd

TAG (AFTER WALL 3, 4, 7 and 9)

SECTION 1: L STEP- ½ R PIVOT x2

1-2 Step LF fwd, ½ R turn (weight on RF)

3-4 Step LF fwd, ½ R turn (weight on RF)

Start again and enjoy! Happy Dancing!

Contact: If anything is unclear or if you would like additional information, please contact me:

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Abbreviations:

min – minutes, bpm – beats per minute, R – right, L – left, F – foot, fwd -forward, B - back