

# Dance to Break the Ice

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**Counts:** 32                                      **Walls:** 4                                      **Level:** Improver  
**Choreographer:** Tom Inge Soenju (NOR), November 2022  
**Music:** "Let's Have a Dance" by Paschal McAnenly.                                      **Track:** 3:01, 102 bpm  
**Availability:** Available on all major music platforms and providers.

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**Note:** Just remember the most important thing...have fun 😊

**Intro:** 16 count intro.

**Sequence:** Repeating sequence.

**Tag/Restart:** 1, 8C tag repeated 3 times, once after wall 2, and twice after wall 4.

**End:** Dance as normal until music ends.

**SECTION 1: HEEL-HOOK-HEEL-TOGETHER x2 (R/L), HEEL SWITCHES, SHUFFLE**  
1&2& Touch R heel in front, Hook RF across LF, Touch R heel in front, Step RF next to LF  
3&4& Touch L heel in front, Hook LF across RF, Touch L heel in front, Step LF next to RF  
5&6& Touch R heel in front, Step RF next to LF, Touch L heel in front, Step LF next to RF  
7&8 Step RF fwd, Step LF next to RF, Step RF fwd

**SECTION 2: FWD MAMBO STEP, B WALK x2, COASTER STEP, SYNC ROCKING CHAIR**  
1&2 Rock LF fwd, Transfer weight onto RF, Step LF back  
3-4 Step RF back, Step LF back  
5&6 Step RF back, Step LF next to RF, Step RF fwd  
7&8& Rock LF fwd, Transfer weight onto RF, Rock LF back, Transfer weight onto RF

**SECTION 3: FWD WALK x2, STEP, ¼ R TURN, CROSS, SIDESTEP, BEHIND-SIDE-CROSS SHUFFLE**  
1-2 Step LF fwd, Step RF fwd  
3&4 Step LF fwd, ¼ R turn (weight on RF), Cross LF over RF [03:00]  
5 Step RF to R side  
6&7&8 Step LF behind RF, Step RF next to LF, Step LF over RF, Step ball of RF behind LF, Cross LF over RF

**SECTION 4: B MAMBO BOX, CHASE TURN, STOMP IN PLACE (L-R-L)**  
1&2 Step RF to R side, Step LF next to RF, Step RF back  
3&4 Step LF to L side, Step RF next to LF, Step LF fwd  
5&6 Step RF fwd, ½ L turn (weight on LF), Step RF fwd [09:00]  
7&8 Step (stomp) LF, RF, LF in place

**TAG: ONCE AFTER 2<sup>nd</sup> WALL (TOT ½ TURN) AND TWICE AFTER 4<sup>th</sup> WALL (TOT FULL TURN), BOTH START AT 06:00**

**SECTION 1: FWD DIAG SHUFFLE x2, CHASE TURN, FWD SHUFFLE**  
1&2 Step RF to R diag, Step LF next to RF, Step RF to R diag  
3&4 Step LF to L diag, Step RF next to LF, Step LF to L diag  
5&6 Step RF fwd, ½ L turn (weight on LF), Step RF fwd  
7&8 Step LF fwd, Step RF next to LF, Step LF fwd

Start again and enjoy! Happy Dancing!

Contact: If anything is unclear or if you would like additional information, please contact me:

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