

AB Are You with Me



Counts: 32 **Walls:** 2 **Level:** Absolute beginner
Choreographer: Tom I. Soenju (NOR), September 2016
Music: "Are You with Me (Radio Edit)" by Lost Frequencies.
Track:
Availability: Available on iTunes, Google Play and Amazon.

Note: Easy dance where you learn about repetition (concentration), walls (dance on all four walls) and can easily be made harder by changing some steps as described below. Nice and easy rhythm that should fit to a variety of music. Just experiment!

Intro: 16 counts, start on vocals.

Sequence: Repeating sequence

Tag/Restart: No tags or restarts.

End: Dance as normal till music ends.

Section 1: Step Out, Step Out, Back, Together, Vine, Touch

- 1 Step right foot diagonally forward to right side.
- 2 Step left foot diagonally forward to left side.
- 3 Step right foot back to starting point.
- 4 Step left foot next to right foot.
- 5 Step right foot to right side.
- 6 Cross left foot behind right foot.
- 7 Step right foot to right side.
- 8 Touch left foot next to right foot.

Section 2: Vine ¼ turn, Touch, Step, Touch, Step Touch

- 1 Step left foot to left side.
- 2 Cross right foot behind left foot.
- 3 Quarter turn to your left, stepping left foot forward.
- 4 Touch right foot next to left foot.
- 5 Step right foot diagonally forward to right side.
- 6 Touch left foot next to right foot.
- 7 Step left foot diagonally back to the left (starting point).
- 8 Touch right foot next to left foot.

Section 3: Vine, Touch, Vine ¼ turn, Touch

- 1 Step right foot to right side.
- 2 Cross left foot behind right foot.
- 3 Step right foot to right side.
- 4 Touch left foot next to right foot.
- 5 Step left foot to left side.
- 6 Cross right foot behind left foot.
- 7 Quarter turn to your left, stepping left foot forward.
- 8 Touch right foot next to left foot.

Section 4: Step, Touch, Back, Touch, Back, Touch, Step, Touch

- 1 Step right foot diagonally forward to right side.
- 2 Touch left foot next to right foot.
- 3 Step left foot diagonally back to left side (starting point).
- 4 Touch right foot next to left foot.
- 5 Step right foot diagonally back to right side.
- 6 Touch left foot next to right foot.
- 7 Step left foot diagonally forward to the left (starting point).
- 8 Touch right foot next to left foot.

Alternatives: All, or some, vines can be changed by turning vines for more experienced dancers.

Start again and enjoy! Happy Dancing!

Contact: If anything is unclear or if you would like additional information, please contact me:

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