

Typical Norwegian (Typisk Norsk)

Counts: 32 **Walls:** 4 **Level:** High Improver
Choreographer: Tom Inge Soenju (NOR), Rob Fowler (ESP), I.C.E. March 18th, 2021
Music: "Typisk Norsk" by Katastrofe feat. Alexander Rybak. **Track:** 2:47, 120 bpm
Availability: Available from all major music providers.

Note:

Intro: 16 counts

Sequence: Repeating sequence.

Tag/Restart: 1 tag (done 3 times) and 1 restart.

End: Dance as normal until music ends and pose.

SECTION 1: SYNC ROCK SWITCHES (R/L), R BALLSTEP, ½ L TURN, L COASTER STEP

1-2& Rock RF fwd, Transfer weight onto LF, Step ball of RF next to LF
3-4& Rock LF fwd, Transfer weight onto RF, Step ball of LF next to RF
5-6 Step (ball of) RF fwd, ½ L turn on balls of feet (weight on RF) [06:00]
7&8 Step LF back, Step RF next to LF, Step LF fwd

SECTION 2: JUMP OUT OUT (R/L), R BACK STEP, L BACK ROCK, RECOVER, ¾ R TURN (½, ¼), L SHUFFLE

&1-2 Jump RF out to R diagonal, Jump LF out to L side, Step RF back
3-4 Rock LF back, Transfer weight onto RF
5-6 ½ R turn stepping LF back, ¼ R turn stepping RF to R side [03:00]
7&8 Step LF fwd, Step RF next to LF, Step LF fwd

RESTART here in wall 5 [03:00].

SECTION 3: R ROCK, RECOVER, BALL, BACK STEP x2, ½ L SHUFFLE, STEP ½ L PIVOT, ¼ L BALL-TAP

1-2& Rock RF fwd, Transfer weight onto LF, Step ball of RF next to LF
3-4 Step LF back, Step RF back
5&6 ¼ L turn stepping LF to L side, Step RF next to LF, ¼ L turn stepping LF fwd [09:00]
7&8 Step RF fwd, ½ L turn (weight on LF), ¼ L turn tapping ball of RF slightly to R side [12:00]

SECTION 4: SYNC SIDE ROCK SWITCHES (R/L), STEP L PIVOT x2 (½, ¼)

1-2& Rock RF to R side, Transfer weight onto LF, Step ball of RF next to LF
3-4& Rock LF to L side, Transfer weight onto RF, Step ball of LF next to RF
5-6 Step RF fwd, ½ L turn (weight on LF) [06:00]
7-8 Step RF fwd, ¼ L turn (weight on LF) [03:00]

Start again and enjoy!

TAG: The tag is done at the end of wall 2 [06:00], wall 3 [09:00] and wall 7 [09:00].

V (HEEL) STEPS (OUT-OUT-IN-IN)

1-2 Step R heel fwd to R diagonal, Step L heel to L side (diagonal)
3-4 Step RF back to centre, Step LF next to RF

Happy Dancing!

Contact: If anything is unclear or if you would like additional information, please contact me:

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