

# EGOcentric



DANCE CHOREOGRAPHIES

**Counts:** 32      **Walls:** 4      **Level:** Improver (Samba rhythm)  
**Choreographer:** Tom I. Soenju (NOR), May 2016  
**Music:** "Ego (Radio Edit)" by Willy William.  
**Track:**  
**Availability:** Available on iTunes, Google Play and Amazon.

**Note:** The music has a samba rhythm and uses therefore a-counts (1 e & a 2) throughout parts of the dance. Instead of a-counts one can teach with only &-counts, but delay the execution of the &-counts to get the samba-rhythm where appropriate.

**Intro:** 32 counts, start on vocals.

**Sequence:** Repeating sequence

**Tag/Restart:** No tags or restarts.

**End:** Dance as normal till music ends.

**Section 1:** **R Cross-Step-Heel, L Cross-Step-Heel, Step, Touch, Step, Heel, 1/8 Turn-FW L Step-Lock-Step**

1 a Cross right foot over left foot and step left foot to left side  
 2 & Touch right heel diagonally to right side and step right foot back  
 3 a Cross left foot over right foot and step right foot to right side  
 4 & Touch left heel diagonally to left side and step left foot down  
 5 a Touch ball of right foot in place and step right foot down  
 6 Touch left heel diagonally to left side (in place)  
 7 a Turn 1/8 to your left (9:00) stepping left foot forward and lock right foot behind left foot  
 8 Step left foot forward

**Section 2:** **FW Cross samba x 2, ¼ Turn paddle x 2, R Rock FW, R Rock B**

1 a Cross right foot over left foot and rock ball of left foot out to left side  
 2 Recover weight onto right foot  
 3 a Cross left foot over right foot and rock ball of right foot out to right side  
 4 Recover weight onto left foot  
 5 Step right foot forward and paddle turn a quarter to your left  
 6 Step right foot forward and paddle turn a quarter to your left  
 7 & Step (rock) right foot forward and recover weight onto left foot  
 8 & Step (rock) right foot back and recover weight onto left foot

**Section 3:** **FW Walk x 2, FW R Step-Lock-Step, L Cross- ¼ Turn-Step, R Cross rock FW, R Diag Rock B**

1 Step right foot forward  
 2 Step left foot forward  
 3 a Step right foot forward and lock left foot behind right foot  
 4 Step right foot forward  
 5 a Cross left foot over right foot and turn a ¼ to your left (12:00) and step right foot back  
 6 Step left foot forward  
 7 & Cross (rock) right over left foot and recover weight onto left foot  
 8 & Step (rock) right foot diagonally back and recover weight onto left foot

**Section 4:** **R Cross, L Side rock, Recover, Sailor ¼ Turn-Touch, Hold, Step, FW Low kick x 2**

1 Cross right foot over left foot  
 2 Step (rock) left foot to left side  
 3 Recover weight onto right foot  
 4 a Quarter turn to your left (9:00) sweeping left foot behind right foot and step down then step right foot next to left foot  
 5 Touch left toes in front  
 6 & Hold and step left foot beside right foot  
 7 & Low kick right foot forward and step right foot next to left foot  
 8 & Low kick left foot forward and step left foot next to right foot

**Start again and enjoy! Happy Dancing!**

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